

PATIENT LOCAL & REGIONAL RESOURCE GUIDE



Introduction -

Thank you for entrusting Mountain Valleys Health Centers with all of your healthcare needs! Our goal is to keep you healthy by providing easy access to local services and quality care. We are pleased to share with you our local resource guide that provides information about various organizations, services and programs in our rural communities that can help support your healthcare needs. We hope that you will use this guide to explore the various options available to you. This guide includes information on: (**resources may differ by region*)

- Physical/Occupational Therapy
- Diagnostic Services
- Home Health/Senior/Food Services
- Advocates/Legal Services
- Chronic Care Management Services
- Transportation Services
- Behavioral/Dental Health Services
- Prenatal/Family Planning Services
- Disability/Human Health Services
- Medication Assisted Therapy Services

MVHC "In-House" Services

Behavioral Health Services

Burney Health Center 37491 Enterprise Drive Burney, CA 96013 Phone: 530-999-9030 Hours: Monday - Thursday, 7:00am - 7:00pm Friday 7:00am - 5:00pm	Fall River Health Center 43658 CA-299 Fall River Mills, CA 96028 Phone: 530-999-9020 Hours: Monday - Friday, 8:00am - 5:00pm
Weed Health Center 50 Alamo Avenue Weed, CA 96094 Phone: 530-999-9050 <i>Hours: Monday - Friday, 8:00am - 5:00pm</i>	 Behavioral Health Services available via Telehealth at the following MVHC locations: Big Valley Health Center Mt. Shasta Health Center Tulelake Health Center Butte Valley Health Center

Dental Health Services

Burney Dental Center 20615 Commerce Way Burney, CA 96013 Phone: 530-999-9031 Hours: Monday - Wednesday, 8:00am - 5:00pm Closed for Lunch Daily: 12:00pm - 12:30pm	Big Valley Dental Center 554-850 Medical Center Drive Bieber, CA 96009 Phone: 530-999-9011 <i>Hours: Monday - Thursday, 8:00am - 4:30pm</i>
Butte Valley Dental Center 610 W. 3rd Street Dorris, CA 96023 Phone: 530-999-9070 Hours: Monday - Friday, 8:00am - 4:30pm	

Special Programs

Medication Assisted Therapy (MAT) Program Burney Health Center	Chronic Care Management (CCM) Program Mountain Valleys Health Centers
37491 Enterprise Drive	*Available at ALL MVHC locations -
Burney, CA 96013	Burney, Fall River, Big Valley, Mt. Shasta, Weed,
Phone: 530-999-9030	Tulelake, Butte Valley
*Services also available at Weed Health Center	Hours: Monday - Friday, 8:00am - 5:00pm
	Phone: 530-999-0123

Prenatal Care/Family Planning Services

Fall River Health Center	Family Planning, Access, Care & Treatment
43658 CA-299	*Available at ALL MVHC locations -
Fall River Mills, CA 96028	Burney, Fall River, Big Valley, Mt. Shasta, Weed,
Phone: 530-999-9020	Tulelake, Butte Valley
Hours: Monday - Friday, 8:00am - 5:00pm	Hours: Monday - Friday, 8:00am - 5:00pm

Walk-In Clinics

Burney Health Center	Fall River Health Center
37491 Enterprise Drive	43658 CA-299
Burney, CA 96013	Fall River Mills, CA 96028
Phone: 530-999-9030	Phone: 530-999-9020
Hours: Monday - Friday, 1:00pm - 4:00pm	Hours: Monday - Thursday, 3:30pm - 6:30pm
*Virtual visits available from ANY MVHC location	Saturday 8:00am - 1:00pm
	*Virtual visits available from ANY MVHC location

Weed & Mt. Shasta Health Centers - Regional Resources

Physical Therapy Services

Mercy Medical Center Mt. Shasta - Mercy Therapy Services 914 Pine Street Mt. Shasta, CA 96067 Phone: 530-926-6111	Mercy Therapy Services Weed 100 Alamo Avenue Weed, CA 96094 Phone: 530-938-4417
Fairchild Medical Center	Fairchild Medical Center
FMC Rehab Main	FMC Rehab North
1852 Fort Jones Road	205 Executive Court
Yreka, CA 96097	Yreka, CA 96097
Phone: 530-841-6211	Phone: 530-841-6211
Fairchild Medical Clinic	Performance Physical Therapy
475 Bruce Street	180 Rose Lane #1
Yreka, CA 96097	Yreka, CA 96097
Phone: 530-842-3507	Phone: 530-842-5220

Behavioral Health Services

Shasta Cascade Health Centers	Dignity Health Clinic
824 Pine Street	408 Pine Street
Mt. Shasta, CA 96067	Mt. Shasta, CA 96067
Phone: 530-926-4528	Phone: 530-926-7196
Dignity Health Mt. Shasta Community Clinic	Mt. Shasta Community Resource Center
912 Pine Street	109 East Lake Street
Mt. Shasta, CA 96067	Mt. Shasta, CA 96067
Phone: 530-926-7131	Phone: 530-926-1400
Fairchild Medical Clinic 475 Bruce Street Yreka, CA 96097 Phone: 530-842-3507	

Home Health Services

Mercy Home Care Mt. Shasta
914 Pine Street
Mt. Shasta, CA 96067
Phone: 530-926-6111

Diagnostic Services

Mercy Medical Center Mt. Shasta	Fairchild Medical Center
914 Pine Street	444 Bruce Street
Mt. Shasta, CA 96067	Yreka, CA 96097
Phone: 530-926-6111	Phone: 530-842-4121

Prenatal Services

Fairchild Medical Clinic
475 Bruce Street
Yreka, CA 96097
Phone: 530-842-3507

Food Banks/Services

Siskiyou Community Food Bank	Siskiyou Food Assistance
1601 S. Oregon Street B	776 S. Davis Avenue
Yreka, CA 96097	Weed, CA 96094
Phone: 530-905-1551	Phone: 530-408-6115
Great Northern Services *via Meals on Wheels Food Program - South Siskiyou Only 310 Boles Street Weed, CA 96094 Phone: 530-938-4115 <u>https://www.gnservices.org/programs-and-services/co</u> <u>mmunity-services/</u>	Madrone Hospice *via Meals on Wheels Food Program - North Siskiyou Only 255 Collier Circle Yreka, CA 96097 Phone: 530-842-3160 https://madronehospice.org/
Siskiyou Community Resource	Scott Valley Family Resource Center
201 South Broadway	11920 Main Street
Yreka, CA 96097	Fort Jones, CA 96032
Phone: 530-842-1313	Phone: 530-468-2450
https://www.siskiyoucrc.org/contact	https://www.siskiyoucrc.org/scott-valley
Family & Community Resource Center	Mt. Shasta Community Resource Center
260 Main Street	109 E. Lake Street
Weed, CA 96094	Mt. Shasta, CA 96067
Phone: 530-938-9914	Phone: 530-926-1400
https://www.siskiyoucrc.org/weed	https://www.siskiyoucrc.org/mt-shasta
Dunsmuir Community Resource Center	McCloud Community Resource Center
5840 Dunsmuir Ave., Suite A	303 Main Street
Dunsmuir, CA 96025	McCloud, CA 96057
Phone: 530-235-4400	Phone: 530-925-6015
https://www.siskiyoucrc.org/dunsmuir	https://www.mccloudresources.org/

Senior Services/Transportation

Dignity at Home Fall Prevention Program	PSA 2 (Planning & Svc Area 2 Agency on Aging)
Siskiyou County *pre-screening attached	*Shasta, Lassen, Siskiyou, Modoc, Trinity Counties
208 West Center Street	208 W. Center Street
Yreka, CA 96097	Yreka. CA 96097
Phone: 530-842-1687	Phone: 530-842-4804 or 530-842-1687

WIC Services

Siskiyou County WIC Program 810 South Main Street Yreka, CA 96097	
Phone: 530-841-2134	

Health & Human Services

Burney & Fall River Health Centers - Regional Resources

Physical Therapy Services

Burney Physical Therapy	Mayers Memorial Hospital
37451 Main Street, Suite A & B	43563 Highway 299 East
Burney, CA 96013	Fall River Mills, CA 96028
530-335-3206	530-336-5511
Redding Physical Therapy	Baas Physical Therapy
150 E. Cypress Avenue	1495 Victor Avenue, Suite D
Redding, CA 96002	Redding, CA 96003
Phone: 530-243-1102	Phone: 530-221-8090

Prenatal Services

Life Light Pregnancy Help Center	Shasta Community Maternity Center
3050 Victor Avenue	1900 Railroad Avenue, South Street
Redding, CA 96002	Redding, CA 96001
Phone: 530-222-5200	Phone: 530-225-7480
Women's Healthcare Associates of Redding 2420 Sonoma Street #3033 Redding, CA 96001 Phone: 530-246-4455	

Diagnostic Services

Mayers Memorial Hospital	MD Imaging
43563 Highway 299 East	2020 Court Street 110
Fall River Mills, CA 96028	Redding, CA 96001
Phone: 530-336-5511	Phone: 530-243-1249
Mercy Medical Center Redding	Prestige Radiology
2175 Rosaline Avenue	1157 Hilltop Drive #3
Redding, CA 96001	Redding, CA 96003
Phone: 530-225-6000	Phone: 530-246-1277
Advanced Imaging of Redding 2380 Bechelli Lane Redding, CA 96002 Phone: 530-226-1800	

Home Health Services

Connected Living Services - Burney Dignity Health	Shasta Adult In-Home Support Services P.O. Box 496005
37477 Main Street	Redding, CA 96049
Burney, CA 96013	Phone: 530-225-5507
Phone: 530-335-4979	

Senior Services

Dignity at Home Fall Prevention Program Shasta County *pre-screening attached 208 West Center Street Yreka, CA 96097	PSA 2 (Planning & Svc Area 2 Agency on Aging) *Shasta, Lassen, Siskiyou, Modoc, Trinity Counties 208 W. Center Street Yreka, CA 96097
Phone: 530-842-1687	Phone: 530-842-4804 or 530-842-1687

WIC Services

1670 Market Street #300, 3rd Floor44218 /Redding, CA 96001McArth	t hur WIC - Intermountain Fairgrounds A Street hur, CA 96056 e: 530-225-5268
--	--

Food Banks/Services

Burney VFW - Senior Brown Bag Program	Round Mountain Community Center
37392 CA-299	29775 CA-299
Burney, CA 96013	Round Mountain, CA 96084
Phone: 530-335-4971	Phone: N/A
Dignity Health - Meals on Wheels	Fall River Food Bank
37477 Main Street	44203 State Highway 299 East
Burney, CA 96013	McArthur, CA 96028
Phone: 530-335-4979	Phone: 530-945-7455
Circle of Friends 36985 CA-299 Burney, CA 96013 Phone: 530-335-4222	Burney Food Co-op 36910 Main Street Burney, CA 96013 Phone: 530-238-0438 * <i>Emergency#: 520-912-0801</i>

Disability/Transportation Services

Lassen ABA (<i>Fall River ONLY</i>)	Shasta Connect *free transportation
805 Main Street, Suite L	200 Mercy Oaks Drive
Susanville, CA 96130	Redding, CA 96003
Phone: 530-251-7374	Phone: 530-226-3075
Southern Cascades Community Services *Adin, Fall River, Bieber, Burney, Dorris, Susanviille 205 Ash Valley Road Adin, CA 96006 Phone: 530-299-3114	

Legal Services/Health Advocate Agencies

Legal Services of Northern California	Health Ins. Counseling & Advocacy Program
1370 West Street	1647 Hartnell Avenue, Suite 8
Redding, CA 96001	Redding, CA 96002
Phone: 530-241-3565	Phone: 530-223-0999
Shasta County Health & Human Svc Agency	Shasta County Health & Human Svc Agency
36911 Main Street	2757 Churn Creek Road
Burney, CA 96013	Redding, CA 96001
Phone: 530-335-6701	Phone: 530-224-4200
Shasta County Health & Human Svc Agency	Shasta County Health & Human Svc Agency
1220 Sacramento Street	4216 Shasta Dam Blvd
Redding, CA 96001	Shasta Lake, CA
Phone: 530-229-8441	Phone: 530-275-7500

Health & Human Services

Shasta 2-1-1 *dial 211 Free/Low-Cost Information & Referral Service Health, Disaster, Transportation Services, etc.	
-OR- Text your zip code to 898211(txt211)	

Big Valley Health Center - Regional Resources

Physical Therapy Services

Burney Physical Therapy	Mayers Memorial Hospital
37451 Main Street, Suite A & B	43563 Highway 299 East
Burney, CA 96013	Fall River Mills, CA 96028
530-335-3206	530-336-5511

Prenatal Services

Banner Lassen Medical Center 1800 Spring Ridge Drive	
Susanville, CA 96130	
Phone: 530-252-2000	

Diagnostic Services

Mayers Memorial Hospital	MD Imaging
43563 Highway 299 East	2020 Court Street 110
Fall River Mills, CA 96028	Redding, CA 96001
Phone: 530-336-5511	Phone: 530-243-1249
Mercy Medical Center Redding	Lassen Radiology
2175 Rosaline Avenue	60 Hall Street
Redding, CA 96001	Susanville, CA 96130
Phone: 530-225-6000	Phone: 530-257-6010
Modoc Medical Center 1111 N. Nagle Street Alturas, CA 96101 Phone: 530-708-8800	

Home Health/Senior Services

Lassen Adult In-Home Support Services	Dignity at Home Fall Prevention Program
1445 Paul Bunyan Road	Lassen County *pre-screening attached
P.O. Box 429	208 West Center Street
Susanville, CA 96130	Yreka, CA 96097
Phone: 530-251-8158	Phone: 530-842-1687
PSA 2 (Planning & Svc Area 2 Agency on Aging) *Shasta, Lassen, Siskiyou, Modoc, Trinity Counties 208 W. Center Street Yreka, CA 96097 Phone: 530-842-4804 or 530-842-1687	

WIC Services

Lassen County WIC Program 2910 Riverside Drive, Suite 104	
Susanville, CA 96130	
Phone: 530-257-7094	

Disability Services

Phone: 530-251-7374

Food Banks/Services

Lassen Senior Services - Food Bank	Crossroads Ministry - Food Bank
1700 Sunkist Drive	2410 Main Street
Susanville, CA 96130	Susanville, CA 96130
Phone: 530-257-2113	Phone: 530-251-0701
Big Valley Senior/Nutrition Center * <i>Also known as Big Valley 50 Plus</i> Bridge Street, Bieber, CA 96009 Phone: 530-294-5745	

Transportation Services

Southern Cascades Community Services *Adin, Fall River, Bieber, Burney, Dorris, Susanviille	
205 Ash Valley Road P.O. Box 239 Adin, CA 96006	
Phone: 530-299-3114	

Butte Valley & Tulelake Health Centers - Regional Resources

Physical Therapy Services

Mountain View Physical Therapy	Elevate Physical Therapy & Performance
1735 Washburn Way	2316 S. 6th Street, Suite A
Klamath Falls, OR 97603	Klamath Falls, OR 97601
Phone: 541-273-0892	Phone: 541-887-2030
Recovery Zone Physical Therapy	Integrated Physical Therapy
2846 Eberlein Avenue	2345 Biehn Street
Klamath Falls, OR 97603	Klamath Falls, OR 97601
Phone: 541-850-8909	Phone: 541-882-4612
Sky Lakes Outpatient Rehabilitation	Riblett Therapy
2200 Bryant Williams Drive	4036 S. 6th Street, #4
Klamath Falls, OR 97601	Klamath Falls, OR 97603
Phone: 541-274-6406	Phone: 541-883-3841
Mountain View Physical Therapy	BodyWorks Physical Therapy
6420 S. 6th Street	3051 S. 6th Street
Klamath Falls, OR 97603	Klamath Falls, OR 97603
Phone: 541-883-3327	Phone: 541-884-1865
Klamath Spine, Rehab & Sports Center 2800 Crosby Avenue A Klamath Falls, OR 97603 Phone: 541-205-5151	

Behavioral Health Services

Klamath Basin Behavioral Health	Klamath Mental Health Center
2210 N. Eldorado Avenue	725 Washburn Way
Klamath Falls, OR 97601	Klamath Falls, OR 97603
Phone: 541-883-1030	Phone: 541-273-1999
Dragonfly Transitions	Lutheran Community Services
901 Main Street	2454 N. Eldorado Avenue
Klamath Falls, OR 97601	Klamath Falls, OR 97601
Phone: 541-850-0841	Phone: 541-883-3471

Prenatal Services

Margaret Jolley, MD	Dallas Swanson, MD
2801 Daggett Avenue, Suite 100	2801 Daggett Avenue, Suite 100
Klamath Falls, OR 97601	Klamath Falls, OR 97601
Phone: 541-274-6221	Phone: 541-274-6221
Klamath Birth Center, LLC	Sky Lakes Women's Health Clinic
1803 Main Street	2850 Daggett Avenue
Klamath Falls, OR 97601	Klamath Falls, OR 97601
Phone: 541-851-9400	Phone: 541-274-8610
Pregnancy Hope	Heartfelt Obstetrics & Gynecology
2421 Washburn Way, Suite A	2640 Biehn Street, Suite a
Klamath Falls, OR 97603	Klamath Falls, OR 97601
Phone: 541-883-4357	Phone: 541-204-1061

Diagnostic Services

Sky Lakes Medical Center	Sky Lakes Outpatient Imaging
2865 Daggett Avenue	2900 Daggett Avenue
Klamath Falls, OR 97601	Klamath Falls, OR 97601
Phone: 541-882-6311	Phone: 541-274-6740
Sage Women's Imaging & Speciality 404 S. 4th Street Klamath Falls, OR 97601 Phone: 541-851-9395	

Home Health Services/Transportation

Sky Lakes Home Health	Pro Quality Home Care, Inc.
2605 Crosby Avenue,	905 Main Street #613
Klamath Falls, OR 97603	Klamath Falls, OR 97601
Phone: 541-274-6293	Phone: 541-880-5594
New Horizons 5429 S. 6th Street Klamath Falls, OR 97603 Phone: 541-887-2909	Southern Cascades Community Services (Adin, Fall River, Bieber, Burney, Dorris, Susanviille) 205 Ash Valley Road P.O. Box 239 Adin, CA 96006 Phone: 530-299-3114

Senior Services

Dignity at Home Fall Prevention Program	PSA 2 (Planning & Svc Area 2 Agency on Aging)
Siskiyou County * <i>pre-screening attached</i>	*Shasta, Lassen, Siskiyou, Modoc, Trinity Counties
208 West Center Street	208 W. Center Street
Yreka, CA 96097	Yreka, CA 96097
Phone: 530-842-1687	Phone: 530-842-4804 or 530-842-1687

WIC Services

Siskiyou County WIC Program	Klamath County WIC Program
810 South Main Street	3314 Vandenberg Avenue
Yreka, CA 96097	Klamath Falls, OR 97603
Phone: 530-841-2134	Phone: 541-883-4276
Modoc County WIC Program 106 E. Modoc Street Alturas, CA 96101 Phone: 530-233-5800	

Food Banks/Services

Klamath Lake County Food Bank	Great Northern Services * <i>Thursdays 12-2pm</i>
3231 Maywood Drive	Siskiyou Food Pantry/Senior Nutrition
Klamath Falls, OR 97603	Butte Valley Community Park
Phone: 541-882-1223	Dorris, CA 96023
Great Northern Services *Thursdays 5-7pm Siskiyou Food Pantry/Senior Nutrition First Baptist Church 494 2nd Street Tulelake, CA 96134	

Transportation Services (Medi-Cal/PHC)

Partnership Healthplan of California Non-Emergency Transportation (NEMT) How to schedule NEMT transport: -Patients or providers can contact PHC Transportation Services at 866-828-2303 -Email: mytrip@partnership.org (for members)	 Beginning March 20, 2023, Patients and Providers shall call Partnership's Transportation Services Department to arrange transportation at 1-866-828-2303. Available to Partnership Patients Only For non-emergency medical. transportation when a patient cannot get to their medical appointment by car, bus, train or taxi and the plan covers the medical/physical condition. NEMT is an ambulance, litter van or wheelchair van (not a bus, car or taxi). NEMT can be used when: -A patient cannot get to their appointment by bus, taxi, car or van. -Requested by a PHC Provider -Approved in advance by PHC.
Partnership Healthplan of California Non-Medical Transportation (NMT) How to schedule NMT transport: -Patients or providers can contact PHC Transportation Services at 866-828-2303 -Email: <u>mytrip@partnership.org</u> (for members)	 Beginning April 1, 2023, Partnership will officially begin scheduling <u>ALL</u> NMT Services Available to Partnership Patients Only. For non-medical transportation to and from PHC-covered appointments/services.
 Medi-Cal Transportation Services Non-Emergency Transportation (NEMT) Approved NEMT Providers (Siskiyou County) - Butte Valley Ambulance 916-397-2105 City of Etna Ambulance Service 800-772-6552 Happy Camp Volunteer Ambulance 916-493-2322 McCloud Community Services 916-964-2017 Mt. Shasta Ambulance 916-926-2665 Northern Siskiyou Ambulance 916-842-3583 Approved NEMT Providers (Shasta County) - Burney Fire District 530-335-2212 Mayers Memorial Hospital Transportation 916-336-5511 	 Available to Medi-Cal Patients Only. Patients that receive Medi-Cal through a managed care plan shall contact their plan's member service department. A prescription from a licensed provider is required. Patients with FFS Medi-Cal shall be prescribed NEMT by their provider. In FFS and managed care, licensed, professional medical transportation companies are able to provide NMT and NEMT. Medi-Cal Managed Care plans also contract with other transportation service providers for services. NMT does not require prior authorization.

 American Med Response West 530-241-2323 Care-A-Van 530-221-4826 Dignity Health Connected Living 530-223-6034 Mercy Hospital of Redding 916-243-2121 Precious Cargo 530-243-3333 Quality Medi-Ride 530-222-2392 Approved NEMT Providers (Lassen County) - Semsa Alliance 626-858-7223 	
 Medi-Cal Transportation Services Non-Medical Transportation (NMT) Approved NMT Providers (Siskiyou County) - Mt. Shasta Taxi 530-921-8853 Good Health Medical Transport 530-598-1141 Approved NMT Providers (Shasta County) - Pit River Health Service 916-335-3651 Designated Driver Service 530-410-0877 Dignity Health Connected Living 530-223-6034 Divine Right Transportation 800-506-0213 Soars Transport Inc. 530-338-1085 Approved NMT Providers (Lassen County) - Lassen Plumas Medical Transportation 530-825-3506 	 Available to patients with full scope Medi-Cal or who are pregnant. Managed Care Medi-Cal patients shall contact their plan member service department for services and must attest that all available resources have been exhausted.
Emergency Transportation Services	 5150 Transports via ambulance can be called in to PHC Transportation Services at 1-866-828-2303 or email trip details: transportationhelpdesk@partnershiphp.org Please indicate in the subject line of the email "URGENT 5150 Transport" PHC staff will call back within 1 hour



PSA 2 Area Agency on Aging DIGNITY AT HOME FALL PREVENTION PROGRAM Intake Assessment / Program Eligibility Form

Applicant Name:	Date:
Applicant Address:	
Applicant Phone Number:	Alt. Contact:
How did you hear about the program? _	If T.V. what station?

Eligibility

- 1. Do you live in an assisted living facility?_____
 - If "Yes," REFER TO OMBUDSMAN

If "No," Do you rent or own your home?_____

- 2. What is your Date of Birth?_____
- 3. Are you a person with a disability?_____
- 4. Do you feel you are at risk for falls? ______

If "Yes," why?_____

Fall Risk

Have you fallen in the past year?	Yes	No
Have you been hospitalized or injured due to a fall?	Yes	No
Do you worry about falling when you walk?	Yes	No
Do you use an ambulation assistive device? (i.e., walker, cane)	Yes	No
Do you have any foot issues that have or may cause you to fall?	Yes	No
Do you have visual impairments that prevent you from seeing potential hazards?	Yes	No
Do you take any medications that make you dizzy?	Yes	No

Based on the information above, determine if the individual meets the Dignity at Home Fall Prevention Program eligibility requirements. If eligible proceed with intake.

Do you authorize PSA 2 to release the above information to Everything Medical? Yes / No

Participant Signature:	
(Assessor to initial if assessment was ow	ver the phone for authorization)
Organization Completed form:	
Name of Assessor:	Contact Info:
PSA Name/Number:	Authorized By: